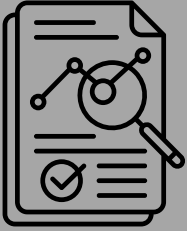


SQ3R: AN ACTIVE READING SYSTEM

STEP 1: SURVEY

Take a few minutes to look over the material. Scan your textbook for chapter headings, new vocabulary terms, pictures/tables/charts, bold or highlighted words. Read the chapter summary. Consider any background knowledge you may have about the topic to help start making connections.



STEP 2: QUESTION

Turn chapter headings and subheadings into questions. This will help you stay actively engaged in reading - keeping you focused on the text and providing you purpose for reading!



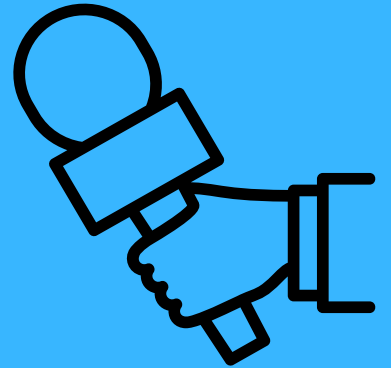
STEP 3: READ

Now it is time to read...Actively read! As you read, be on the lookout for the answers to the questions you came up with. Make notes in the margins, highlight important key terms or statements.



STEP 4: RECITE

Once you have actively read your text, try to recite the answers to the questions that you came up with. Recite the information in your own words, out loud, or write them down. This helps move information from your short-term memory to your long-term memory. If you're having trouble answering these questions, go back and re-read your chapter.



STEP 5: REVIEW

Be sure to conduct an overall review of the information within 24 hours for maximum comprehension and memory. In this step, you will repeat the main points of the passage back to yourself. Now is a good time to discuss your learning with others. This is a highly effective way of reviewing information.

