

# STAY PRODUCTIVE: EVALUATE YOUR STUDY SPACE



Take a moment to reflect on your go-to study spaces.  
Think about your levels of concentration and productivity.

Think of 3 places where you commonly study.

Write them at the top of each column (1, 2, 3). Then, for each of the statements below, evaluate whether that statement is True or False for each location.

**LIST YOUR STUDY PLACES HERE**



1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

1. Minimal distractions allow me to maintain focus when I'm studying here	T F	T F	T F
2. I'm not interrupted by external noise when I study here (music, TV, etc.)	T F	T F	T F
3. I'm able to block out others' conversations when I study here	T F	T F	T F
4. I'm not tempted to talk with others about non-study topics when I'm here	T F	T F	T F
5. The physical environment encourages study activities	T F	T F	T F
6. In this space, I'm surrounded by people who are focused and on-task	T F	T F	T F
7. I have access to this space whenever I need to study	T F	T F	T F
8. This space has adequate seating, table space, and light	T F	T F	T F
9. I feel comfortable in this space	T F	T F	T F
10. I notice that I get a lot done when studying in this space	T F	T F	T F
11. I'm able to take breaks and monitor my time when studying in this space	T F	T F	T F
12. I associate this space with my own productivity and learning	T F	T F	T F
13. I look forward to my time in this space	T F	T F	T F
<b>TOTAL number of "true" statements (out of 13)</b>			

**THE LOCATION(S) WITH THE MOST "TRUE" ANSWERS ARE GOING TO BE YOUR BEST OPTIONS WHEN SELECTING A GOOD STUDY SPACE.**