



Atlantic Technical College

Mental Health Technician

Program Syllabus

2018-2019



Instructor Name: Jean Dougherty RN, BS
Department Name: Health Science
Office/Classroom Location: Bldg. 5, Room 272
Phone Number: 754-321-5158
Email Address: jean.dougherty@browardschools.com

Instructor Office Hours:
M-F: 2:00-3:15 pm (appointment preferred)

Instructor responses to student inquiries will be provided within 24 hours of regular school operating hours:
 Monday – Friday, 7:00am – 3:00pm.

Student Hours:

Monday – Friday
Class Hours: 7:05 am – 1:50 pm
(Clinical hours may vary according to facility/agency)
Break: 9:05am – 9:20am
Lunch: 11:20am – 11:50am

Note: It is important that students come to school every day on time and follow school policies regarding attendance, tardiness, makeup work, dress code, conduct & professionalism. Please refer to the ATC Student Handbook; ATC Code of Conduct; & the Mental Health Technician Program Student Handbook.

Program Name: Mental Health Technician

Program Description: This program prepares students for employment as a Mental Health Technician and an opportunity for certification as a Nursing Assistant. Students will be prepared to work with individuals who are experiencing substance abuse, mental illness and developmental disabilities in the acute care, residential, community or nursing home settings. Upon passing the program the student will receive a Mental Health Technician certificate. Also, the student will be able to take the Certified Nursing Assistant licensure exam and skills tests to become a Certified Nursing Assistant.

Program Requirements: Attend an ATC Health Science Orientation; Achieve Basic Skills Testing (**Reading 9, Math 9, and Language 9**) or an exemption; Negative Drug Screen; Level 2 Background Clearance; Immunizations; Health Physical and meet with the Program Counselor.

OCPs	Course Names	Hours
A	HSC0003 – Basic Healthcare Worker	90
B	HCP0121 – Nurse Aide and Orderly (articulated)	75
C	HCP0810 - Mental Health Technician	315

Technical College Policy/Adult Student Attendance:

- A student must be withdrawn after being absent for six (6) consecutive days.
- Two (2) additional absences may be allowed under certain circumstance with appropriate documentation.
- Please refer to the Student Handbook for high school students and postsecondary students.
<http://www.atlantictechnicalcollege.edu/atc-student-handbook/>

Required Book(s) and/or Online Access:

Available for purchase at the ATC Bookstore:

- BLS For Health Care Providers
- AES Core Curriculum Access Code
- *Psychiatric Mental Health Nursing*, Videbeck, 6th Edition
- *Nursing Assisting: A Foundation in Caregiving*, Hartman 4th Edition

Required Materials/Supplies:

Purchased from ATC Bookstore:

- CPR Valve
- Wrist Watch with second hand
- USB drive
- Uniform: ATC logo Caribbean Blue scrub top
- ATC logo t-shirt (optional)

Not Purchased from ATC Bookstore:

- Shoes: black or white shoes, sneakers with white or black ankle socks to match shoes
- Uniform: Caribbean Blue Cherokee scrub bottom
- White nylon long sleeve shirt to wear underneath uniform scrub top and/or scrub jacket (White or Caribbean Blue) to wear over uniform for cold weather days. (optional)

*All required books and most materials/supplies can be purchased from the ATC bookstore.
Stop by during operational hours for pricing and purchasing information.*

Grading System:

A 90 - 100%
B 80 - 89%
C 70 - 79%
D 60 - 69%
F 0 - 59%
I Incomplete

Additional Program Specific Grading Information:

Course Tests 90 %
Quizzes, Class Participation and Professionalism 10%
Clinical Rotation Pass/Fail (S or U)

Online Course Grading Policy:

Online students' grades and attendance are based on the following:

- Scheduled assignments are due by 7:00am on the day they are due. Late submission of work will affect the assignment grade.
- Students assume full responsibility for the content and integrity of submitted work. As the guiding principle of academic integrity, a student's submitted work, examinations, reports, projects, etc. must be their own.
- Unless otherwise stated by the instructor, physical or digital references including books, charts, graphs, diagrams, photos, notes or calculators may not be utilized during assessments or exams. Blank scratch paper will be permitted during certain assessments.
- Exams may include an oral or lab/skills component and exams used for determining competency will be delivered in a proctored environment.

View Your Grades:

Grades can be viewed online by following the directions below:

1. Go to <https://browardfocus.com> (access FOCUS using Chrome, Firefox or Safari)
2. Student ID which is on your student schedule.
3. Passcode: Student's date of birth formatted as YYYYMMDD.
Four digits for the year, two digits for the month and two digits for the day.

Classroom/Lab Rules: *See Mental Health Technician Handbook*

Industry Certification & State Credential Exam Cost:

- Upon passing the Certified Nursing Assistant licensure exam **and** skills test, students can become a Certified Nursing Assistant- \$155.00.
- Students may also be eligible after graduation from the program and further work experience of 1,000 hours of competency in the fields of mental health or substance abuse to obtain Florida Board Certification as a Behavioral Health Technician-\$100.00.

You may qualify for certification reimbursement of your exam cost(s) upon passing. Credential fees are subject to change.

Outstanding Student Recognition Information:

A gold seal will be applied to a Program Completion Certificate or an Applied Technology Diploma if the student has earned a 3.5 GPA or higher in their Career and Technical Education (CTE) classes.

Program Name: Mental Health Technician

Course Number: HSC0003

Course Name: Basic Healthcare Worker

Occupational Completion Point: A

Intended Outcomes: (From FL DOE Curriculum Framework)

Student will be able to:

- Demonstrate knowledge of the healthcare delivery system and health occupations.
- Demonstrate the ability to communicate and use interpersonal skills effectively.
- Demonstrate legal and ethical responsibilities.
- Demonstrate an understanding of and apply wellness and disease concepts.
- Recognize and practice safety and security procedures.
- Recognize and respond to emergency situations.
- Recognize and practice infection control procedures.
- Demonstrate an understanding of information technology applications in healthcare.
- Demonstrate employability skills.
- Demonstrate knowledge of blood borne diseases, including HIV/AIDS
- Apply basic math and science skills.

Course Number: HCP0121

Course Name: Nurse Aide and Orderly (articulated)

Occupational Completion Point: B

Intended Outcomes: (From FL DOE Curriculum Framework)

Student will be able to:

- Use verbal and written communications specific to nurse assisting
- Demonstrate legal and ethical responsibilities specific to nurse assisting
- Perform physical comfort and safety functions specific to nurse assisting
- Provide personal patient care
- Perform patient care procedures
- Apply principles of nutrition
- Provide care for geriatric patients
- Apply the principles of infection control specific to nursing assisting
- Provide biological, psychological, and social support
- Perform supervised organizational functions, following the patient plan of care
- Assist with restorative (rehabilitative) activities
- Perform skills related to the hospital setting (optional)

Course Number: HCP0810

Course Name: Mental Health Technician

Occupational Completion Point: C

Intended Outcomes: (From FL DOE Curriculum Framework)

Student will be able to:

- Demonstrate and implement knowledge of mental health, mental illness, including substance use/ abuse and addiction.
- Identify the spectrum of interventions and treatment for mental health problems and the types of delivery of care in the stabilization and rehabilitation of the mental health patient.
- Demonstrate an understanding of various mental health disorders, observable signs and symptoms and general interventions to be implemented by the mental health technician.
- Provide therapeutic communication, knowledge of therapeutic relationship, and support for the mental health patient.
- Perform skills and documentation related to caring for and supervising the mental health patient in various types of treatment settings.
- Implement crisis intervention techniques and emergency services if necessary in the mental health setting.
- Participate as a member of a multidisciplinary team in the planning and implementation of care and treatment for individual patients.
- Provide patient education and information on the various resources and support groups available for the mentally ill, substance using or addictive client and family members.
- Conduct individual, group and family presentations / discussions to facilitate patient recovery and wellness.
- Perform pharmacological aspects of care as directed (residential and assisted living facility settings).