The 4 basic rules for personal safety are:

1. Stay alert!
2. Safety in numbers!
3. Trust your instincts!
4. Know your resources!
1. Walking/Jogging
   • Walk or jog with a companion whenever possible.
   • Stick to well-lighted, busy streets. Avoid alleys, short cuts & vacant lots.
   • Keep your purse or bag close to your body and hide valuables.
   • Avoid distractions such as talking on phone, texting or wearing headphones while walking or jogging.

2. Parking
   • Park in well-lighted areas near your destination. Avoid parking in vacant lots, near suspicious vehicles or near strangers loitering or sitting in vehicles.
   • Remember where you parked so you can return directly to your vehicle.
   • Don’t leave valuables in plain sight.
   • Avoid distractions such as talking on phone, texting or wearing headphones while walking to and from your vehicle.
   • Have your vehicle key in hand and ready to use.
   • As you approach your car, look under and around it. Before getting in your car look in the back seat and on the floor.
   • Lock your doors immediately after getting into your vehicle.
   • Limit the amount of time you spend idle in the car.

3. Social Media
   • Avoid or limit location sharing.
   • Tighten privacy settings.
   • Be cautious of “friending” strangers.
   • Don’t share personal details like address, phone number, vacation dates, etc.
   • Be cautious of what you post on the Internet; once posted, it’s permanent.

4. Taxi/ Ride Share (Uber, Lyft, etc.)
   • Check your driver’s ratings. Verify if the taxi/rideshare provides a feature to rate and check a driver’s rating.
   • Confirm the driver’s identity and vehicle description before getting into the vehicle.
   • Have the payment ready.
   • Choose the back seat.
   • Stay awake and alert.

5. Public Transportation
   • Plan your route ahead of time.
   • Have the payment ready.
   • Hold bags in your lap or under your arm.
   • Stay awake and alert.

6. Home
   • Assess your surroundings before entering your home.
   • Have your keys in hand ready to unlock the door.
   • Always lock your doors and windows.
   • Before opening an exterior door to your home, know who is at the door and do not open the door to an unexpected visitor.